

HOUSE OF ZHUZH

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HANDS & FEET

Using luxury skincare brands for your hands and feet, including Elim MediHeel, and The Gel Bottle, a vegan and cruelty free high quality nail polish brand, your hands and feet will feel beautifully revived and refreshed.

ESSENTIAL MANICURES
Includes a file and shape, cuticle work, preparation of your nail plate, hand and arm massage, a buffed or polished finish and cuticle oil application.

Essential Manicure | No Polish | 45 mins | £30

Essential Manicure | Gel Polish | 60 mins | £35

Essential French Manicure | Gel Polish | 75 mins | £40

Essential Manicure | BIAB | 75 mins | £40

LUXURY MANICURES
Includes a file and shape, hand soak, hand exfoliation, cuticle work, hand mask application with heated mitt treatment, hand and arm massage, buffed or polished finish and cuticle oil application.

Luxury Manicure | No Polish | 60 mins | £40

Luxury Manicure | Gel Polish | 75 mins | £45

Luxury French Manicure | Gel Polish | 90 mins | £50

Luxury Manicure | BIAB | 90 mins | £50

ESSENTIAL ELIM MEDIHEEL PEDICURES
A medical grade pedicure that includes clipping and shaping of your nails, cuticle work and preparation of the nail plate. Using high end products, we will remove your hard skin and calluses, hydrate, soothe and transform your feet.

Essential Elim MediHeel Pedicure | No Polish | 45 mins | £40

Essential Elim MediHeel Pedicure | Gel Polish | 60 mins | £45

Essential Elim MediHeel French Pedicure | Gel Polish | 60 mins | £50

LUXURY ELIM MEDIHEEL PEDICURES
A 'Facial for your feet'. This medical grade pedicure includes all steps from the 'Essential Elim MediHeel Pedicure', as well as an AHA exfoliant, volcanic ash mud mask, followed by a luxurious extended leg and foot massage for the ultimate transformation for your feet.

Luxury Elim MediHeel Pedicure | No Polish | 60 mins | £50

Luxury Elim MediHeel Pedicure | Gel Polish | 75 mins | £55

Luxury Elim MediHeel French Pedicure | Gel Polish | 90 mins | £60

BODY

Stress, muscle tension and a lack of energy can all be addressed with a customised massage treatment. After a thorough consultation, your massage therapist will help you to relax with a combination of products, aromas and massage techniques, hydrating and nourishing your skin with aromatherapy oils, leaving you feeling relaxed and rejuvenated.

AVEDA AROMA MASSAGE
Massage treatments are recommended on a weekly or monthly basis to achieve and maintain optimal results. The aroma massage begins with an Aveda 'foot ritual', allowing you to reach optimal relaxation and a zen state of mind before your body massage.

Customised massage with intensive work on one area of focus | 60 mins | £65

Customised full body massage with intensive work on 1-2 areas of focus | 75 mins | £80

Customised full body massage with intensive work on 1-2 areas of focus | 90 mins | £95

INDIAN HEAD MASSAGE
This treatment is perfect for relieving tension in your shoulders, neck and scalp. This massage includes deep kneading movements that will help to reduce muscular tension and relax your body and mind.

30 mins | £35

BACK, NECK AND SHOULDERS MASSAGE
This treatment is ideal for those experiencing tension particularly in their back, shoulders and neck.

30 mins | £35

HOT STONE THERAPY MASSAGE
Hot stones are strategically placed on certain areas of the body and complement various massage techniques to aid in reducing muscle stiffness, stress & promote sleep.

60 mins | £75

15 MINUTE MASSAGE TREATMENTS

'Stress Fix' foot massage (add-on) | 15 mins | £15

Hand and arm massage (add-on) | 15 mins | £15

Scalp massage (add-on) | 15 mins | £15

FACIALS

Using Aveda, House of Zhuzh merges the science of results-driven, plant-based products with the art of high-touch experience to offer you a customised spa treatment on every visit - based on your specific needs. We offer help with stress, low energy, and signs of premature ageing through the powerful combination of aroma, touch and relaxation, leaving you with an increased sense of wellbeing.

AVEDA CUSTOMISD FACIAL
Each Aveda facial begins with a thorough consultation. Your skin therapist will combine high-performance products, personalised aromas and holistic application techniques, ensuring every step is right for you and your skin. This customised facial begins with an Aveda 'foot ritual', allowing you to reach optimal relaxation and a zen state of mind before your treatment.

Customised face-only treatment with intensive work in one area of focus; most effective in a treatment series

45 mins | £50

Customised face and neck treatment with intensive work on one area of focus

60 mins | £65

Customised face and neck treatment with intensive work on two areas of focus

75 mins | £80

15 MINUTE FACIAL ENHANCEMENTS

Facial massage techniques (add-on) | 15 mins | £15

Hand and arm massage (add-on) | 15 mins | £15

Scalp massage (add-on) | 15 mins | £15

LASHES & BROWS

Using Nouveau Lashes, the UK's number one lash brand, and HD Brows, the UK's number one salon brow brand, you can expect the very best for your lashes and brows.

LASH EXTENSIONS
Individual lashes applied one by one to your natural lashes, to achieve a seamless and subtle extension look that enhances your natural eye shape for up to 6 weeks.

Classic Lash Extensions - 90 mins | £55

Classic Lash Infills – 45 mins | £35
Recommended 2-3 weeks after your previous set of lash extensions or infills.

Lash Extension Removal – 30 mins | £20
Professional removal of your eyelash extensions to ensure no damage is caused to your natural lashes.

LVL LASH LIFT
A long-lasting eyelash enhancement that creates lift, length and volume, whilst maintaining a natural look.

75 mins | £55

Maintenance Tint – 15 mins | £18
Recommended 3 weeks after your appointment.

HD BROW LAMINATION
A treatment that tames and lifts your natural brow hairs, allowing you to style them into your desired position. Your brows will appear instantly fuller.

45 mins | £50

TINTING
An ideal treatment for clients wanting to enhance and define the shape of their natural brows, by tinting your brow hairs with your desired depth of colour.

Eyebrow Tint | 15 mins | £14

Eyelash Tint | 30 mins | £18

SHAPING

Eyebrow shape and tidy | 15 mins | £12

COMBINED TREATMENTS

Eyebrow tint, shape and tidy | 30 mins | £25

Eyebrow and eyelash tint | 30 mins | £30

HAIR REMOVAL

Using Hive quality wax, rest assured your hair removal experience will be a pleasant one. Hive delivers high level, hair free results for all types of hair growth and provides a skin nurturing and conditioning treatment to ensure maximum client comfort, even on the most sensitive skin types.

UPPER LIP	
15 mins	£12
CHIN	
15 mins	£12
UPPER LIP AND CHIN	
30 mins	£22
FACIAL WAX Includes cheeks, upper lip, chin, jawline and upper neck	
45 mins	£35
UNDERARM	
15 mins	£15
HALF LEG	
30 mins	£20
FULL LEG	
45 mins	£38